



# STANDARD SIZE

## MEASURING INSTRUCTIONS



### ARM

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With patient seated, place the arm extended and elbow bent slightly, with the palm down, on a flat surface. Follow the contour of the arm by placing the measuring tape against the skin. All measurements should be taken in centimeters.

- 1a: (MedaFit™ ARM only) Measure circumference at Palm and record in **box E**.
- 1b: Measure circumference at Wrist, and record in **box A**. Mark **dorsal** aspect at distal edge of tape.
- 2: Measure circumference at Elbow, and record in **box B**.
- 3: Measure circumference at mid Bicep, and record in **box B1**.
- 4: Measure circumference at Axilla, and record in **box C**. Mark **dorsal** aspect at proximal edge of tape.
- 5: Measure length at **dorsal** aspect from mark at Point A to mark at Point C and record in **box D**.

### LEG - BELOW KNEE

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Follow contour of the leg by placing the measuring tape against the skin. All measurements should be taken in centimeters.

1. Measure length in centimeters from the **Lateral Malleolus** (outer ankle bone) to **lateral** aspect **Bottom of Patella**, and record in **box G**.
2. Measure circumferences in centimeters where indicated by the black dots from the **Lateral Malleolus** (outer ankle bone) and record in the corresponding **lines A, B, C, C1 (Left/Right)**.
3. Measure foot circumference and length, and record on **lines I, J & K**.

### LEG - THIGH COMPONENT

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Follow contour of the leg by placing the measuring tape against the skin. All measurements should be taken in centimeters.

1. Measure circumferences in centimeters where indicated by the black dots from the lateral aspect **Top of Patella**, and record in the corresponding **lines D, E, F (Left/Right)**.
2. (CompreFLEX™ only) Measure length in centimeters from the **lateral** aspect **Top of Patella** to **lateral** aspect **Gluteal Fold**, and record in the corresponding **box G1**.

### LEG - THIGH HIGH

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Follow contour of the leg by placing the measuring tape against the skin. All measurements should be taken in centimeters.

1. Measure length in centimeters from the **Lateral Malleolus** (outer ankle bone) to **lateral** aspect **Gluteal Fold**, and record in **box H**.
2. Measure circumferences in centimeters where indicated by the black dots from the **Lateral Malleolus** (outer ankle bone), and record in the corresponding **lines A, B, C, C1 (Left/Right)**. Measure circumferences where indicated by the black dots from the **lateral** aspect **Top of Patella**, and record in the corresponding **lines D, E, F (Left/Right)**.
3. Measure foot circumference and length, and record on **lines I, J & K** (not applicable on ChipSleeve™ - TH).